



Welcome to *Barcelona International Sailing Center*

Barcelona International Sailing Center is a training center that specializes in water sports. It offers its clients accommodation and dining, a gym, storage space for sports equipment and classrooms in the **Parc Fòrum**, an entertainment area located north of **Barcelona**.



INFORMATION FOR WATER SPORTS PRACTITIONERS

- You must not come inside the facility when you are wet. *You must enter through the esplanade gate, which goes directly to the changing rooms.*
- Please use the dryers on the ground floor for sporting gear and use the lockers.
- We provide physiotherapy and physical training services upon request.
- Ask the staff about the hours the sauna is in service.
- You must not leave clothes or personal items in the changing rooms. The staff will remove them.



HOW ARRIVE TO BARCELONA SAILING CENTER

"RONDA LITORAL" STREET ADDRESS --> "BESOS":

1. Take **Ronda Litoral (B-10)** and take **Exit 24 (Rambla Prim / Diagonal Mar)**.
2. Stay on your right and continue along the **Passeig Maritim de la Mar Bella**.
3. Take the first right.
4. At the end of the street, you will see a security gate. Tell the guard you are going to the **Barcelona Sailing Center**.
5. Continue until you reach the **Barcelona Sailing Center** parking area.

"RONDA LITORAL" STREET ADDRESS --> "LLOBREGAT":

1. On **Ronda Litoral (B-10)**, follow the signs to **Pg Garcia Faria. Exit 24**.
2. Once you are on **Pg Garcia Faria**, follow the signs to **Besos Ronda Litoral** until you get to **Passeig Maritim de la Mar Bella**.
3. Stay to the right and continue along the **Passeig Maritim de la Mar Bella**.
4. Take the first right.
5. At the end of the street, you will see a security gate. Tell the guard you are going to the **Barcelona Sailing Center**.
6. Continue until you reach the **Barcelona Sailing Center** parking area.

WALKING OR PUBLIC TRANSPORT:

1. Go to **Plaça de Llevant**.
2. Cross the **Parc del Forum** toward the beach following the **Solar Panels**.
3. The **Barcelona Sailing Center** is under the **Solar Panels** closest to the beach.

Public transportation nearby:

Metro: L4 El Maresme | Forum.

Railway: Forum.

Bus: H16 Diagonal Mar.

7 Av. Diagonal - PI Llevant.

141 Av. Diagonal - PI Llevant